



Jerry Haas Golf Camp

JERRY HAAS GOLF CAMP at Wake Forest SAMPLE OVERNIGHT CAMP SCHEDULE

Monday	9:00am-12noon 12:00 pm 12:30 pm 1:00 pm 4:45 pm 5:30 pm 6:30 pm 8:30 pm 10:00 pm	Check-in at Palmer Residence Hall Coach Haas – Welcome, Rules for Week, Camp Coaches Introduced (in lounge) Meet in groups with coaches / Pizza lunch <u>ALL:</u> Short Game Stations @ Arnold Palmer Golf Complex (“Golf Center”) <ul style="list-style-type: none"> • Chipping • Putting • Tough lies • Short irons <ul style="list-style-type: none"> * Sand * Bunker * Wedges * Fundamentals <ul style="list-style-type: none"> * Course Management * Building a Station Back to dorm for cool-down Dinner in cafeteria Golf Center for Full Swing Instruction Talk on College Golf: What it takes to make a college / HS team – Palmer Lounge Lights Out!
Tuesday	7:30 am 8:00 am 8:45-11:30 12:00 noon 1:30-4:30 6:00 pm 6:30-7:30 pm 7:30-8:45 pm 10:30 pm	Wake up! Breakfast in cafeteria: Eat and report to coaches! Golf Center: Instruction with coaches / stations Lunch in cafeteria Short game instruction / Ball hitting / Long Drive / Fastest 3-man Dinner in cafeteria The Mental Side of Golf w/Coach Haas – Palmer Lounge Golf Center for Chipping & Putting, Wiffle Ball, Basketball Lights Out!
Wednesday	7:30 am 8:00 am 8:45-11:30 am 11:45-12:45 1:00-1:30 pm 6:00 pm 7:00 pm 8:00-9:30 pm 10:30 pm	Wake up! Breakfast in cafeteria: Eat and report to coaches! Golf Center: Instruction and station work with coaches Lunch on way to course Golf Course Competition BBQ Dinner – TBD Strength Training / Stretching and Physio session with WFU strength staff Golf Center for Chipping & Putting, Wiffle Ball, Basketball Lights Out!
Thursday	7:30 am 8:00 am 8:45-11:30 am 11:45-12:45 1:00-1:30 pm 6:00 pm 7:00-7:45 pm 7:45-9:15 pm 10:30 pm	Wake up! Breakfast in cafeteria: Eat and report to coaches! Golf Center: Instruction and station work with coaches Lunch on way to course Golf Course Competition Dinner in cafeteria Rules of Golf with Coach Haas – Palmer Lounge Golf Center for Chipping & Putting, Wiffle Ball, Basketball Lights Out!
Friday	CAMP TOURNAMENTS AT GOLF COURSES TODAY! 6:15 am 6:30 am 6:45 am 7:00 am 7:45-8:30 am ~ 1:00 pm 1:00-2:00 pm 2:00 pm 2:45 pm	Wake up! – Older groups Breakfast in cafeteria: Eat and report to coaches to load vans for golf course Wake up! – Younger groups Breakfast in cafeteria: Eat and report to coaches to load vans for golf course Golf Course Individual Tournament Lunch after Play Dorm check-out Awards – Lounge of Palmer Hall (Parents Welcome!) Camp pickup –Palmer Residence Hall / Vans depart for airport