



Jerry Haas Golf Camp

JERRY HAAS GOLF CAMP at Wake Forest SAMPLE OVERNIGHT CAMP SCHEDULE

Monday	8:30 am-12noon	Check-in at the Best Western, attached to campus
	12:00 pm	Coach Haas – Welcome, Rules for Week, Camp Coaches Introduced (in lounge)
	12:30 pm	Meet in groups with coaches / Pizza lunch
	1:00 pm	<u>ALL:</u> Short Game Stations @ Arnold Palmer Golf Complex (“Golf Center”)
		<ul style="list-style-type: none"> • Chipping • Putting • Tough lies • Short irons
		<ul style="list-style-type: none"> * Sand * Bunker * Wedges * Fundamentals
	4:45 pm	Back to dorm for cool-down
	5:30 pm	Dinner in cafeteria
	6:30 pm	Golf Center for Full Swing Instruction
	8:30 pm	Talk on College Golf: What it takes to make a college / HS team – Palmer Lounge
	10:00 pm	Lights Out!
Tuesday	7:30 am	Wake up!
	8:00 am	Breakfast in cafeteria: Eat and report to coaches!
	8:45-11:30	Golf Center: Instruction with coaches / stations
	12:00 noon	Lunch in cafeteria
	1:30-4:30	Short game instruction / Ball hitting / Long Drive / Fastest 3-man
	6:00 pm	Dinner in cafeteria
	6:30-7:30 pm	The Mental Side of Golf w/Coach Haas – Palmer Lounge
	7:30-8:45 pm	Golf Center for Chipping & Putting, Wiffle Ball, Basketball
	10:30 pm	Lights Out!
Wednesday	7:30 am	Wake up!
	8:00 am	Breakfast in cafeteria: Eat and report to coaches!
	8:45-11:30 am	Golf Center: Instruction and station work with coaches
	11:45-12:45	Lunch on way to course
	1:00-1:30 pm	Golf Course Competition
	6:00 pm	BBQ Dinner – TBD
	7:00 pm	Strength Training / Stretching and Physio session with WFU strength staff
	8:00-9:30 pm	Golf Center for Chipping & Putting, Wiffle Ball, Basketball
	10:30 pm	Lights Out!
Thursday	7:30 am	Wake up!
	8:00 am	Breakfast in cafeteria: Eat and report to coaches!
	8:45-11:30 am	Golf Center: Instruction and station work with coaches
	11:45-12:45	Lunch on way to course
	1:00-1:30 pm	Golf Course Competition
	6:00 pm	Dinner in cafeteria
	7:00-7:45 pm	Rules of Golf with Coach Haas – Palmer Lounge
	7:45-9:15 pm	Golf Center for Chipping & Putting, Wiffle Ball, Basketball
	10:30 pm	Lights Out!
Friday		CAMP TOURNAMENTS AT GOLF COURSES TODAY!
	6:15 am	Wake up! – Older groups
	6:30 am	Breakfast in cafeteria: Eat and report to coaches to load vans for golf course
	6:45 am	Wake up! – Younger groups
	7:00 am	Breakfast in cafeteria: Eat and report to coaches to load vans for golf course
	7:45-8:30 am	Golf Course Individual Tournament
	~ 1:00 pm	Lunch after Play
	1:00-2:00 pm	Dorm check-out
2:00 pm	Awards – Lounge of Palmer Hall (Parents Welcome!)	
2:45 pm	Camp pickup – Best Western	